Back to the Future of Dentistry

DrJ
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PEDIATRIC DENTAL MEDICINE
Traditionally dentists have been trained to “fix” teeth. Too much emphasis has been placed on drilling and filling and making decayed teeth look cosmetic and functional. This has created a tendency to ignore why the tooth has a cavity in the first place. I present a medical approach to dentistry. Major breakthroughs in the field of oral microbiology have revealed that children get cavities and gum disease from bacteria that grow out of control and dissolve tooth structure as a result. I’m successful at finding the cause and fixing the bacterial problem that causes tooth decay, first. Not masking this problem leads to a healthier child and a much healthier adult.

Everyone treats cavities. I treat the cause of cavities. So your child never gets them.
Nobody can see microbes with their naked eyes. All that traditional dentists see is the result of tooth decay. In our practice, the days of using that sharp “explorer” instrument to stick into the grooves of your child’s teeth has been replaced. It’s possible for us to now use a tiny Q-tip and a clear liquid solution that shows us hidden disease at the microbial level before it does any damage. Not only does this new fluoride detect disease but it also arrests any disease on contact.

This new fluoride is 100% backed by the ADA. This is prevention, detection and treatment rolled into one. Reducing interventions that don’t work in favor of interventions that do is the common sense behind our strategy of true prevention. Come meet us to gain a perspective on this new technology and establish a partnership of prevention for your child.
A dental home is a place where you, the parents, and me and my team interact to build relationships with your child. A dental home is meant to be a comforting place for routine visits as well as rare emergencies. It is a no-fear zone based on experience and trust.

Our dental home is rooted in evidence, medicine and a value system that is not found anywhere else in South Florida. We are here to support your child from age one through adulthood and to empower them to care for their dental health and nutrition. We call it Happy Care.
Although paper-thin, the enamel that covers your teeth is much stronger than your bones. In fact, the only substance on earth that is stronger than enamel is diamond. Understanding dental diseases that attack this enamel takes a lot more than looking at X-Rays and drilling teeth. In fact drilling children’s teeth is the fastest way to having no teeth by mid adulthood.

My team and I are committed to applying the newest techniques and medicines, advanced re-mineralization therapies, effective hygiene programs and preventive strategies that are the essence of new Pediatric Dentistry. We stop dental disease and build a cavity-free smile one tooth at a time and one child at a time, for life.

Teeth are meant to last a lifetime.
Germs which cause tooth and gum disease are transmitted by parents and caregivers at the earliest stages of life. Sharing utensils, tasting foods and sharing cups all have the potential to communicate our germs to our children. Unfortunately, the cause of dental disease is also prevalent in our nutritional intake at the earliest age. Even foods generally considered to be healthy can adversely affect dental health. The bacteria in the mouth feed off excess sugars, releasing acids that damage the tooth’s surface.

While we cannot really fully control the transfer of germs we can educate parents how to properly manage home hygiene and nutrition so that the bad germs never take hold. Early visits are tailored for short attention spans, they’re quick and very effective. The point here is that the earlier we can meet your child the more good we can do.
I must admit that benefit arrangements for most people is comparable to a foreign language, so let us take some of the burden from you and allow my staff to decipher your benefits. Under the Affordable Care Act essential health benefits may include the option of pediatric dental services. Sometimes preventive benefits are included with medical policies, sometimes not.

While we utilize the latest preventive regimens; dental sealants, silver fluoride, and fluoride varnish, most important are 3 month hygiene visits with a licensed hygienist. Florida law allows dental assistants to perform certain pediatric hygiene functions. That might be ok for some providers but it’s not for me. Your child will only be seen by a licensed hygienist to ensure a true “hygiene” experience. You will not find this level of knowledge, education and care anywhere except in our office.

Examples of national average costs for common preventive vs. restorative procedures show that the value of stopping disease before it starts can yield meaningful savings. Whether you have dental insurance or not, preventing is much cheaper than restoring. Spending money on prevention will create a smile that lasts a long, long time.

Why Less Extensive means Less Expensive.
Give us a call to make an appointment and learn how we put your child first for a lifetime of healthy teeth.

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